

BALVIKAS: Christianity – Jesus and Goodness

See good, do good, be good. This is the way to God. – Sathya Sai Baba

“Purify your hearts, your thoughts feelings, emotions, speech, strengthen your nobler impulses. Then no panic can unnerve you, nothing can shake your stability.

There is no strength more effective than purity: No triumph more praiseworthy than surrender: No bliss more satisfying than love.

*If you have the inclination to do good work,
God will give you time to do good things”*

Activity 1

Brainstorming session with the class

- What does it mean to be good?

Activity 2

Jesus and the Good Samaritan story

Activity 3

In Balvikas we will be keeping a ‘Good Deed Diary’. As it is new year’s day today you will need to think of one good thing you will promise to do all year. This will be your new year’s resolution for Balvikas. Every week you will be asked to write on a special diary sheet what you have done as an example of your good deed.

You will have to tell the members of bhajans what your good deed new years resolution is today. Those of you who have done your best to keep your good deed promise will receive a prize at the end of the year.

